

Footstools

It is important for all students to play with their left foot elevated from the very beginning if possible. Without a footstool, or with the wrong sized footstool, sitting with the guitar can be uncomfortable and difficult. The footstools that are available for purchase at music stores are expensive and easily broken, so we recommend using a 4x6 block of wood cut into 8" segments. Students can turn the block on its various sides to have 4", 6", or 8" of height.

A parent or other volunteer from your school can have these cut at the hardware store for a few dollars. See the diagram below for a visual, and feel free to call us or ask your Lead Guitar instructor if you have any questions.

