Lesson Plan

Counselor Name: Karen Ward  
Title of Lesson: Career Pathways and Goal Setting  
School: TUSD Counseling Dept.  
Quarter: Anytime  
Audience: Classroom  
Level: Primary (K-2)  
Target Grade: 3rd

COUNSELING STANDARDS

ACADEMIC
1. Acquire knowledge and skills that contribute to effective learning in school and throughout life. ☑
2. Complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☑
3. Understand the relationship of academics to life at home, in the community and the world of work. ☑

CAREER
4. Acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☑
5. Employ strategies to achieve future career success and satisfaction. ☑
6. Understand the relationships between personal qualities, education, training and the world of work. ☑

PERSONAL/SOCIAL
7. Acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others. ☑
8. Make decisions, set goals, and take necessary action to achieve established goals. ☑
9. Understand safety and survival skills. ☑

COUNSELING COMPETENCY(IES)
Academic Competency - Learn basic goal-setting techniques. Career Competency - Describe how current learning relates to work.

STATE STANDARD:
Reading P.O.
Writing P.O.  Record information (e.g., observations, notes, lists, charts, map labels and legends) related to the topic.
Math P.O.

MATERIALS/RESOURCES:
Have 8 1/2 x 11” plain paper for each student and scissors.

ACTIVITY:
Follow the attached, “Making a Tiny Book Directions.” When the book is finished there will be eight pages. Tell students they are going to use the book to record information about themselves and a career path. Explain that career paths are clusters of occupations/careers that are grouped because many of the people in them share similar interests and strengths. Deciding on a career path can help you prepare for your future even if you change your mind at a later time. Teach six career paths: Arts and communications, Business Management, Technology,
Health Services and Human Services, Industrial and Engineering Technology, Natural Resources/Agriculture. Have these listed on the board on butcher paper. Then ask the class to name types of jobs that would fit in each of the career paths. Next, students select a career path. Page 1-MY CAREER PATH, NAME AND DATE. Page 2-LIST INTERESTS AND TALENTS. Page 3-I AM GOOD AT THE FOLLOWING SKILLS: Page 4-I WOULD LIKE TO WORK WITH_________. (Choose one: ideas, animals, plants, people, numbers, words, computers, other. Page 5-I WOULD LIKE TO WORK____________.) Choose one: outdoors, inside, with a lot of people, by myself.) Page 6-Based on what you have written about yourself so far, WHAT CAREER PATH DO YOU THINK YOU WANT TO CHOOSE? Page 7-WHAT TYPE OF EDUCATION WILL YOU NEED FOR YOUR CAREER PATH CHOICE? Page 8-I AM PREPARING NOW TO REACH MY CAREER GOAL BY_______________________________.

EVALUATION:
Pretest/Postest: What are career paths?

How did the student change as a result of this lesson? Students will feel more comfortable and knowledgeable about selecting a career.

Information/Comments/Follow-up: You may want to follow-up by inviting guest speakers from each cluster.

Revised 10/11/2004
Making a Tiny Book

1. Fold the paper in half. Fold in half again. Open it up.

2. Fold the paper in half vertically and open it up. (There will be eight boxes.)

3. Fold the paper in half over your original fold. Cut a slit to the FIRST FOLD ONLY.

4. Open up the sheet and fold along the long fold. Now begin to push both ends towards the middle.

5. Keep pushing in to the center until it is flat. Turn the sides in the same direction to complete the tiny book.