Counselor Name: Lynn Curtis
Title of Lesson: How To Make and Keep Friends
School: Gale Elementary
Quarter: 1

Audience: Classroom  Small Group
Level: Primary (K – 2) Intermediate (3 – 5)
Target Grade: 3

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span.
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.
3. Students will understand the relationship of academics to the world of work and to life at home and in the community.

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
5. Students will employ strategies to achieve future career goals with success and satisfaction.
6. Students will understand the relationships between personal qualities, education, training and the world of work.

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.
8. Students will make decisions, set goals, and take necessary action to achieve goals.
9. Students will understand safety and survival skills.

COUNSELING COMPETENCY(IES)
PS:A2.8 Learn how to make and keep friends.

OBJECTIVE: By the end of the lesson, students will demonstrate their understanding of ways to make and keep friends by creating a poster illustrating a friendship skill.

ARIZONA STANDARDS FOR:
Speaking and listening: Sl.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others’ ideas and expressing their own clearly.
MATERIALS/RESOURCES:
How to Lose All Your Friends by Nancy Carlson
Paper, Pencils, colored pencils or crayons

ACTIVITY:
Begin the activity by asking students to think about a friend. Then ask, “What does this person make you want to be his or her friend? What does this person do that makes you want to be his or her friend?”

Read the book, How to Lose All Your Friends. While reading the book, point out the facial expressions of the people in the book. At the end of the book, point out that the girl got all of the cookies to herself. Ask, “Does she look happy?” Then show the last page of the book and have students describe what is happening. Emphasize that people are happier when they have friends.

Have students think about ways to make or keep friends, then share with a partner. Share ideas as a whole class. Have students pick one friendship idea they want to write about. Students will create a poster following the model of the book.

EVALUATION:
Pretest/Post test:
Students will verbally tell ways to make and keep friends. Students will write and illustrate a poster that shows one way to make a friend.
How did the student change as a result of this lesson?
Students know ways to make and keep friends.
Information/Comments/Follow-up:
It may take two lessons to finish poster. If time have students play friendship scavenger hunt after posters are done.