Counselor Name: Karen Ward
Title of Lesson: All Kinds of Families-Part 1

Audience: □ Classroom □ Small Group
Level: □ Primary (K-2) □ Intermediate (3-5)
Target Grade: 1st

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. □
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. □
3. Students will understand the relationship of academics to the world of work and to life at home and in the community. □

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. □
5. Students will employ strategies to achieve future career goals with success and satisfaction. □
6. Students will understand the relationships between personal qualities, education, training and the world of work. □

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. ☑
8. Students will make decisions, set goals, and take necessary action to achieve goals. □
9. Students will understand safety and survival skills. □

COUNSELING COMPETENCY(IES)
Recognize, accept, respect and appreciate individual differences.

STATE STANDARDS:
Reading P.O.
Writing P.O.
Math P.O.

MATERIALS/RESOURCES:
Butcher paper (Enough for each student to draw their family).
The book *Love Is A Family* by Roma Downey

ACTIVITY:
Introduce the book *Love Is A Family*. Talk about the book. Ask students questions about the story. Talk about the families in the book. Ask if all families are special? (Yes) How are they special? Is there a “right” kind of family? (No) The important thing is to have a family who loves you. Create a list of how families are different. Create a list of how families are the same. Be sure to include: families take care of us, love us, help
us, share with us, play with us, etc. Next, in the center of the large butcher paper write, A Family is You and the People Who Live with You. Now, assign each student a section of the butcher paper. Have students make a drawing of their family.

**EVALUATION:**

**Pretest/Postest:** Are all families alike?

How did the student change as a result of this lesson? Students will understand that not all families are alike and that it is okay not to be alike.

**Information/Comments/Follow-up:** Hang the mural in the classroom or in your office space. Follow up with Part II about families.

Revised 10/11/2004
Lesson Plan

Counselor Name: Karen Ward
Title of Lesson: All Kinds of Families-Part 2
School: Tucson Unified School District Counseling Department
Quarter: 2nd

Audience: ☒ Classroom ☐ Small Group
Level: ☒ Primary (K-2) ☐ Intermediate (3-5)
Target Grade: 1st

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. ☐
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☐
3. Students will understand the relationship of academics to the world of work and to life at home and in the community. ☒

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☐
5. Students will employ strategies to achieve future career goals with success and satisfaction. ☐
6. Students will understand the relationships between personal qualities, education, training and the world of work. ☒

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. ☒
8. Students will make decisions, set goals, and take necessary action to achieve goals. ☐
9. Students will understand safety and survival skills. ☐

COUNSELING COMPETENCY(IES)
Recognize, accept, respect and appreciate individual differences.

STATE STANDARDS:
Reading P.O.
Writing P.O.
Math P.O.

MATERIALS/RESOURCES:
Buttons
Construction paper to build a house

ACTIVITY:
Review All Kinds of Families, Part 1. Ask students to look at the mural they made and tell the class how families are alike and different. Talk about the shapes and sizes of families. Next, introduce “Button Families”. To help students understand that families come in all shapes and sizes, have students create a “button family”. They can find buttons that mate in some way, put them together into families, and glue them in a
house made from construction paper. Once students have created their families, they can compare their button family members with other students or with the class. Buttons may be the same color, number of holes, shape or sizes. Give each student a chance to share how the buttons in his or her family are related. (This button family idea came from Scholastic, “We Are Family” by Dolores Choat.)

**EVALUATION:**

**Pretest/Postest:**

*How did the student change as a result of this lesson?* Students will demonstrate that not all families are alike.

**Information/Comments/Follow-up:**

Revised 10/11/2004