Counselor Name: Lynn Curtis
Title of Lesson: Magic Rabbits

Audience: □ Classroom □ Small Group
Level: □ Primary (K – 2) □ Intermediate (3 – 5)
Target Grade: 1st

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. □
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. □
3. Students will understand the relationship of academics to the world of work and to life at home and in the community. □

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. □
5. Students will employ strategies to achieve future career goals with success and satisfaction. □
6. Students will understand the relationships between personal qualities, education, training and the world of work. □

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. □
8. Students will make decisions, set goals, and take necessary action to achieve goals. □
9. Students will understand safety and survival skills. □

COUNSELING COMPETENCY(IES)
PS:A2.8 Learn how to make and keep friends.

OBJECTIVE: By the end of the lesson, students will demonstrate their understanding of ways to make and keep friends by writing a sentence about a friendship skill.

ARIZONA STANDARDS FOR:
Writing:
MATERIALS/RESOURCES:
“Peter Rabbit Goes to Town” magic rabbit set, copy of Kind kids flower for each student

ACTIVITY:
Begin by asking students to think about a time they made a new friend.
“What did you and your friend do to become friends? Today we are going to talk about ways to make friends. Pretend there is a new student in your class and you have been asked to help him make new friends. What would you tell him to do? How would you suggest he act?”

Give students a few minutes to think then ask for ideas. Remind them that after you make a friend, you want to keep that friend. What are some things you have to do to keep friends? Have students share a few ideas and start a list with the ideas. Ideas should include:
- Saying, “Hi”
- Asking to join in and play
- Asking for help
- Sharing
- Asking about something you have in common
- Listening
- Offering to help
- Solving problems respectfully
- Telling a joke
- Giving complements
- Noticing other people’s emotions
- Taking turns
- Telling the truth

After a few ideas are shared have students partner up and pretend their partner is the new student. Have them take turns giving each other advice. After students have had an opportunity to share a few ideas ask if anyone thought of something to add to the list. Then tell them you have a friend who is new to the school.
Introduce Ray the Rabbit. Tell them that he is very shy and he needs help making and keeping friends. Ask if anyone has an idea he or she wants to share with the rabbit. When you have a volunteer say,
“Because Ray is very shy I am going to put him in your hand and you can tell him how to make a friend.”
Then slip both rabbits into his or her hand. After the student gives Ray the advice have him or her look in his hand. “Wow it worked, Ray made a new friend. Show everyone.” During this time, slip the next rabbit into your hand. Repeat with a few more rabbits. When done, show students the Kind Kids flower. Ask them if they remember Kind Kids from last year. Ask what making friends has to do with being kind (being friendly is one way to be kind). Tell them you would like them each to write a sentence about how to make a friend. When they are done, they can color the flower in a way that does not cover up their writing.

EVALUATION:
Pretest/Posttest: Students will write at least one sentence that tells how to make friends,