Counselor Name: Karen Ward
Title of Lesson: My Teacher’s Secret Life
Audience: Classroom  Small Group
Level: Primary (K-2)  Intermediate (3-5)
Target Grade: Kindergarten

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span.
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.
3. Students will understand the relationship of academics to the world of work and to life at home and in the community.

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
5. Students will employ strategies to achieve future career goals with success and satisfaction.
6. Students will understand the relationships between personal qualities, education, training and the world of work.

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.
8. Students will make decisions, set goals, and take necessary action to achieve goals.
9. Students will understand safety and survival skills.

COUNSELING COMPETENCY(IES)

ARIZONA STANDARDS FOR:
Reading:
Writing:
Math:

Sheltered Instruction Observation Protocol (SIOP) Strategy

MATERIALS/RESOURCES:
Paper

ACTIVITY:
This lesson could be used to introduce the counselor at the beginning of the year. Draw a picture of yourself and write on the picture all the things you want the students to know about you. Ask students what they like to do outside school. You may want to bring something from home. (i.e. an instrument, a sewing project). The classroom teacher may want to participate. Talk about these things as you show the students your
picture. Introduce the book, *My Teacher’s Secret Life*, by Stephen Krensky. Ask students to listen for all the activities Mrs. Quick does after school. Using your picture as a model, have students do a self-portrait and write on the picture the things they like to do after school. Create a display of the pictures and writing, or send them home to the parents.

**EVALUATION:**

**Pretest/Posttest:**

**How did the student change as a result of this lesson?** The student will feel welcome and a part of the school. Also, they will be comfortable talking with the counselor when they need help.

**Information/Comments/Follow-up:** This lesson may take more than one class period.