Counselor Name: Karen Ward  
Title of Lesson: Nettie's Trip South  
Audience: ☒ Classroom  
Level: ☒ Primary (K-2)  
Target Grade: 4 & 5  
Quarter: 3rd

COUNSELING STANDARDS

ACADEMIC
1. Acquire knowledge and skills that contribute to effective learning in school and throughout life. ☐
2. Complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☐
3. Understand the relationship of academics to life at home, in the community and the world of work. ☐

CAREER
4. Acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☐
5. Employ strategies to achieve future career success and satisfaction. ☐
6. Understand the relationships between personal qualities, education, training and the world of work. ☐

PERSONAL/SOCIAL
7. Acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others. ☒
8. Make decisions, set goals, and take necessary action to achieve established goals. ☐
9. Understand safety and survival skills. ☐

COUNSELING COMPETENCY(IES)
Relate feelings in a socially acceptable manner. Demonstrate healthy ways of dealing with conflicts, stress and emotions in self and others.

ARIZONA STANDARDS FOR:
Reading  P.O. Identify the main problem or conflict of a plot. Analyze how a character's traits influence that character's actions.
Writing  P.O. Write a response that demonstrates an understanding of a literary selection.
Math

MATERIALS/RESOURCES:
Book-Nettie's Trip South, paper and pencil

ACTIVITY:
Introduce and read Nettie's Trip South to the class. Have the students review the story mentally for 30 seconds and write down one line that stands out for them. The line should be very meaningful to the student; something that paints a picture in the mind. Next, write down two reasons why you picked that meaningful line. This is to clarify their thinking. Put students into random groups and let them share with the group what they had to say. This gives an opportunity to share ideas and to have others listen to ideas. Then the group needs to come to a consensus
about which line they want to share with the class. Which line shows Nettie’s true feelings and understanding of the experience? This is another opportunity to analyze and interpret. Another activity would be to have the students be Addie or any friend and write to Nettie about her experience. Also, the illustrator, Ronald Himler, lives in Tucson. I think it would be really fun for the kids to meet him and share his ideas about the story and his illustrations.

**EVALUATION:**

**Pretest/Postest:** None

**How did the student change as a result of this lesson?** Students will acquire knowledge that will lead to greater understanding of the experiences faced by others.

**Information/Comments/Follow-up:** Look for honest and open sharing and follow up with students who seem intensely affected by the story.