Counselor Name: Karen Ward
Title of Lesson: The Rainbow Fish
School: Counseling Department
Quarter: 2nd

Audience: ☑ Classroom  ☑ Small Group
Level: ☑ Primary (K-2)  ☐ Intermediate (3-5)
Target Grade: 1st

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span.
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.
3. Students will understand the relationship of academics to the world of work and to life at home and in the community.

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
5. Students will employ strategies to achieve future career goals with success and satisfaction.
6. Students will understand the relationships between personal qualities, education, training and the world of work.

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.
8. Students will make decisions, set goals, and take necessary action to achieve goals.
9. Students will understand safety and survival skills.

COUNSELING COMPETENCY(IES)
Demonstrate ways to make and keep friends.

ARIZONA STANDARDS FOR:
Reading:
Writing:
Math:

Sheltered Instruction Observation Protocol (SIOP) Strategy:

MATERIALS/RESOURCES:

ACTIVITY:
Brainstorm and list the qualities of a good friend. Help students make words for each letter of the word friends. Read the story, The Rainbow
Fish. The story is about friendship. After a few pages, ask the students what they think the problem is in this story. Continue to read the story and ask, “What advice did the octopus give to Rainbow Fish?” The Rainbow Fish shared his shining scales, but what did he gain that was so much more important than the shining scales? Sharing is one way to make friends. What are some other ways to make friends?

Next have students work together to make rainbow fish using any fish pattern. Make the shining scales using different colors of foil or tissue paper. Display all the fish playing nicely together on a big blue paper to symbolize the ocean.

**EVALUATION:**

Pretest/Posttest: What are the qualities of a good friend?

How did the student change as a result of this lesson? Students will develop skills to make and keep friends.

Information/Comments/Follow-up: The actual making of the fish may take more than one class period. Be aware of students who have a hard time sharing.