Lesson Plan

Counselor Name: Jane Fitzgerald
Title of Lesson: Being Responsible
School: Ochoa Elementary/Tucson Unified School District
Quarter: 1st

Audience: ☒ Classroom  ☐ Small Group
Level: ☒ Primary (K-2)  ☐ Intermediate (3-5)
Target Grade: 1st

COUNSELING STANDARDS

ACADEMIC
1. Acquire knowledge and skills that contribute to effective learning in school and throughout life. ☐
2. Complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☐
3. Understand the relationship of academics to life at home, in the community and the world of work. ☐

CAREER
4. Acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☐
5. Employ strategies to achieve future career success and satisfaction. ☒
6. Understand the relationships between personal qualities, education, training and the world of work. ☐

PERSONAL/SOCIAL
7. Acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others. ☐
8. Make decisions, set goals, and take necessary action to achieve established goals. ☐
9. Understand safety and survival skills. ☐

COUNSELING COMPETENCY(IES)
Identify and describe responsibilities/jobs at home

ARIZONA STANDARDS FOR:
Reading:
Writing:
Math:

MATERIALS/RESOURCES:
Post-its, crayons or markers, butcher paper

ACTIVITY:
Write the word responsibility on the board and ask the students to define the word. Then, lead a discussion on desired actions of a responsible student and how to make the personal choice to be this way. Have students share a home and school responsibility they do. For example, pet chores, dishes, etc. for home; and listening, doing class work, etc. at school. On the butcher paper write HOME/SCHOOL. Allow space for post-its. Have students draw or write each responsibility on a post-it. Have students come up to the butcher paper and put their post-its on either the
home or school side. Discuss with the class the decision. Ask students if they think any of these responsibilities will be important when they grow up. How do adults act when they are responsible? Is there something you could do to become more responsible for yourself at home and at school? What would you need to do? Next, have the students set a goal about how they can improve on the responsibilities at home or school. In other words, a goal could be that I will take care of my responsibility without being reminded. Set the goal, take the action, and ask for feedback at your next visit.

**EVALUATION:**

Pretest/Postest: What does the word responsibility mean?

How did the student change as a result of this lesson? Students will see that to be a supporting member of the classroom or home, they need to be responsible for the things they have been asked to do.

Information/Comments/Follow-up:

REVISED 11/05/03