Counselor Name:  Karen Ward
Title of Lesson:  My T-Shirt Hobby
School:  TUSD Counseling Dept.
Quarter:  3rd

Audience:  ☒ Classroom  ☑ Small Group
Level:  ☑ Primary (K-2)  ☒ Intermediate (3-5)
Target Grade:  5th

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span.  
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.  
3. Students will understand the relationship of academics to the world of work and to life at home and in the community.

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.  
5. Students will employ strategies to achieve future career goals with success and satisfaction.  
6. Students will understand the relationships between personal qualities, education, training and the world of work.

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.  
8. Students will make decisions, set goals, and take necessary action to achieve goals.  
9. Students will understand safety and survival skills.

COUNSELING COMPETENCY(IES)
Relate personal hobbies, leisure activities and academic abilities to career choices.

ARIZONA STANDARDS FOR:
Reading:
Writing:
Math:

MATERIALS/RESOURCES:
Butcher paper, markers, make a T-Shirt pattern (size 81/2 X 11)

ACTIVITY:
Ask students what hobby they have or what they like to spend their time doing. Ask for examples. Put the examples on the butcher paper. Do any of the hobbies require academic skills? Name an academic skill for a hobby. Now have students see if they can name a career that would be associated with any of the hobbies. Is it possible to create a job from something you love to do? Pass out the t-shirt pattern and have students draw pictures or designs to show their hobby. If the student doesn’t have a hobby, is there something in the examples given that you
would like to try. If the student can't pick something, have them draw about someone they know who has a hobby. Have students share their shirts.

**EVALUATION:**

**Pretest/Posttest:**

*How did the student change as a result of this lesson?* Students will realize that there are many ways to prepare for the world of work.

**Information/Comments/Follow-up:** Watch for students who are having a problem putting anything on the T-Shirt.

REVISED 11/05/03
My T-Shirt

Name: ____________________________ Date: ______________________