Counselor Name: Denise Robison  
Title of Lesson: THIS OR THAT (decision making in action)  
School: Johnson Primary/Tucson Unified School District  
Quarter: Anytime

Audience: ☒ Classroom  
Level: ☒ Primary (K-2)  
Target Grade: 2nd

COUNSELING STANDARDS

ACADEMIC
1. Acquire knowledge and skills that contribute to effective learning in school and throughout life. ☒
2. Complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☐
3. Understand the relationship of academics to life at home, in the community and the world of work. ☐

CAREER
4. Acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☐
5. Employ strategies to achieve future career success and satisfaction. ☒
6. Understand the relationships between personal qualities, education, training and the world of work. ☐

PERSONAL/SOCIAL
7. Acquire the attitudes, knowledge, and interpersonal skills to help them understand and respect self and others. ☐
8. Make decisions, set goals, and take necessary action to achieve established goals. ☒
9. Understand safety and survival skills. ☐

COUNSELING COMPETENCY(IES)
CAREER-Describe how personal beliefs and attitudes affect decision-making.  ACADEMIC-Develop an awareness of the decision-making process. PERSONAL/SOCIAL-Recognize decisions have alternatives.

ARIZONA STANDARDS FOR:
Reading:  
Writing:  
Math:

MATERIALS/RESOURCES:
-“Little Dinosaur Decides” story  (This story comes from The Missouri Comprehensive Guidance Lessons)  
-A dinosaur puppet or any puppet you have and change the name of the story

ACTIVITY:
Have the puppet tell the story. After the story ask: what is the problem; what were the choices the dinosaur had in the story; what were the consequences of the dinosaur’s decision; was the dinosaur’s choice good or bad; safe; kind; will it work; could the dinosaur have chosen
something else to do? Next, teach the class steps to the good decision making process that Little Dinosaur used. 1. Decide what the problem is. 2. Think of some choices. 3. Think about the consequences. 4. Make a decision that has a good consequence. Now tell the class they are going to practice decision-making. Reinforce that no decision is wrong but that our decisions create different consequences or outcomes. Most important is not to say a put down about anyone’s choices. Ask them to stand in the middle of the room. Tell them you are going to say two choices and tell them what side of the room to stand on for the choice they make. For example, say McDonalds/Pizza Hut, chocolate/vanilla, football/baseball, cats/dogs, math/writing, work with people/work alone, work inside/work outside, work with animals/work with people, etc.

**EVALUATION:**
**Pretest/Post test:** What are the steps to making a decision?

**How did the student change as a result of this lesson?**
Students will have more awareness and practice with the decision making process and how that relates to careers.

**Information/Comments/Follow-up:** The next few lessons should center around career clusters.

*REVISED 11/05/03*