TUCSON UNIFIED SCHOOL DISTRICT COMPREHENSIVE COMPETENCY BASED GUIDANCE
Lesson Plan

Counselor Name:  Julee Dodd
Title of Lesson:  Who Am I?
School:  Lyons Elementary
Quarter:  Anytime

Audience:  ☒ Classroom  ☐ Small Group
Level:  ☒ Primary (K-2)  ☒ Intermediate (3-5)
Target Grade:  K-5

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span.  ☐
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.  ☐
3. Students will understand the relationship of academics to the world of work and to life at home and in the community.  ☒

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.  ☐
5. Students will employ strategies to achieve future career goals with success and satisfaction.  ☐
6. Students will understand the relationships between personal qualities, education, training and the world of work.  ☒

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.  ☐
8. Students will make decisions, set goals, and take necessary action to achieve goals.  ☐
9. Students will understand safety and survival skills.  ☐

COUNSELING COMPETENCY(IES)
ACADEMIC DOMAIN-Grade K: Acquire effective listening skills.  Grade 1: Understand the importance of learning and learn that reading, writing and math are fundamental to life.

CAREER DOMAIN-Grade K: Relate school personnel to their jobs and locations.  Grade 1: Recognize all careers are acceptable to any gender.  Grade 2: Display an awareness of the dignity in all careers.  Grade 3: Describe the importance of personal qualities to getting and keeping jobs.  Grade 4: Describe skills needed in a variety of occupational groups.  Grade 5: Understand learning in school is related to future career success.

ARIZONA STANDARDS FOR:
Reading:
Writing:
Math:

MATERIALS/RESOURCES:
Pictures of workers at school.  Riddles describing the various jobs at school (see attachment)  Optional-display board.
**ACTIVITY:**
Students will be introduced to the various workers and jobs at their school by listening to riddles that describe the worker's job (see sample). As each job riddle is read, students must listen for all clues and then they may guess which worker has been described. After correct guesses, display the worker's picture. The various competencies can be addressed by referring to the following: personal qualities and education that is needed for that particular job. Importance of each job and how it relates to helping the school function properly. Ask if any of the jobs are just for men or just for women. Cooperation among workers to accomplish tasks to get things done. This lesson also serves as an introduction to the concept of a school community and the workers in the neighborhood and city community.

**EVALUATION:**

**Pretest/Postest:** Ask students to name the people at their school, and their jobs.

*How did the student change as a result of this lesson?* By using effective listening skills, students can identify jobs at their school, the personal qualities and educational skills needed for the jobs and the importance of each job as it relates to the functioning of their school community.

**Information/Comments/Follow-up:** Follow-up by discussing with students about what kinds of jobs they have at school.

*REVISED 11/05/03*
School Worker Riddles

These are two people you see in the office each day. They help new families that come to our school. They call families to find out why students are not at school. They order supplies and keep lots of information about our students. Secretaries

These two people keep our school clean and safe. They sweep the floors, clean the bathrooms and get our cafeteria tables ready for lunch. Custodians

These two people help us when we are not feeling well. They check our eyes and ears. They also make sure students get medication when they need it. Nurses and Health Clerk

This person is a teacher that helps us learn about many things. She works with lots of students and mostly helps us learn about books. She helps teachers find just the right book for what we are learning. Librarian

This person helps our librarian keep the library organized and she helps us find and checkout books. Library Aide

This person is in charge of our school. She meets and talks with teachers, students, and families. She makes decisions and choices about our school. She makes sure we have everything we need to learn and teach. Principal

These people help our brains to work better by feeding us in the morning and at lunch. They make sure we have enough food for everyone and they prepare our food so we can eat on time. Cafeteria Workers

These people are not at our school everyday, but when they are here they meet with teachers and students to help us figure out the
best ways to learn and teach. Sometimes these people help students’ families find doctors and people to help us with problems. Resource People (i.e. school psychologist, social worker, etc.)

These teachers give students extra help with their learning. Some students visit them each day for reading, writing, and math. **Breakthru Teachers**

These people work outside and inside our school. They make sure students are being safe and treating each other fairly on the playground. They also help students in the classroom with their work. **Playground Monitors, Classroom Aides**

This person helps teachers and students with computer problems. **Computer Technician**

This person teaches us in our classroom and in her office. She helps us learn about feelings and how to make good choices that will help us be successful in school and when we get older. **Counselor**

This person teaches students about music and how to play musical instruments. **Music Teacher**

These people are responsible for teaching reading, math, science and many other activities. They make lessons that help students understand what they are learning. **Teachers**