Lesson Plan

**Counselor Name:** Karen Halvorson

**Title of Lesson:** When I Go Camping

**School:** Fruchthendler

**Quarter:** 1st

**Audience:** ☒ Classroom ☐ Small Group

**Level:** ☒ Primary (K-2) ☒ Intermediate (3-5)

**Target Grade:** K

### COUNSELING STANDARDS

#### ACADEMIC

1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. ☒

2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☐

3. Students will understand the relationship of academics to the world of work and to life at home and in the community. ☐

#### CAREER

4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☐

5. Students will employ strategies to achieve future career goals with success and satisfaction. ☐

6. Students will understand the relationships between personal qualities, education, training and the world of work. ☐

#### PERSONAL/SOCIAL

7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. ☐

8. Students will make decisions, set goals, and take necessary action to achieve goals. ☐

9. Students will understand safety and survival skills. ☐

### COUNSELING COMPETENCY(IES)

Acquire effective listening skills.

### STATE STANDARDS:

Reading P.O.

Writing P.O.

Math P.O.

### MATERIALS/RESOURCES:

Duffle Bag

### ACTIVITY:

**ACTIVITY-** 1. Introduce topic of going camping. Put students in a circle and ask for a show of hands of students who have been camping. 2. Tell students they will be pretending to go camping today and will need to listen carefully and follow the counselor’s example. Counselor holds the duffle bag and says, “My name is _____. I’m going camping, and I’m going to pack my socks.” Turning to next person, counselor asks, “What’s your name?” Second person introduces himself, and adds an item to duffle bag and repeats the
person’s name and what the first person put in bag. Each person goes back around the circle remembering all the items and names.

**EVALUATION:**

**Pretest/Posttest:** None

**How did the student change as a result of this lesson?** Students will be able to name all the students in the class and say one thing about the students.

**Information/Comments/Follow-up:** At the end ask such questions as: who packed the toothpaste; who brought the pillow; etc.

*REVISED 11/05/03*