Counselor Name: Phyllis Chatham
Title of Lesson: The Kissing Hand

School: Tucson Unified School District
Quarter: 1st

Audience: ☒ Classroom  ☐ Small Group
Level: ☒ Primary (K-2)  ☐ Intermediate (3-5)
Target Grade: Pre-K & K

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. ☒
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☐
3. Students will understand the relationship of academics to the world of work and to life at home and in the community. ☐

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☐
5. Students will employ strategies to achieve future career goals with success and satisfaction. ☐
6. Students will understand the relationships between personal qualities, education, training and the world of work. ☐

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. ☒
8. Students will make decisions, set goals, and take necessary action to achieve goals. ☐
9. Students will understand safety and survival skills. ☐

COUNSELING COMPETENCY(IES)
Acquire effective listening skills. Identify and express feelings.

ARIZONA STANDARDS FOR:
Reading:
Writing:
Math:

MATERIALS/RESOURCES:
One piece of construction paper for each student
One piece of white paper for each student that says ________________ came to school on the first day and felt ___________.
Red paint or red construction paper
Pre-cut heart shapes

ACTIVITY:
Read the book, *The Kissing Hand*, to the students. Ask students the following questions after reading the story: was Chester’s mother being mean by making him go to school; why did Ms. Raccoon want Chester to go to school; why does your family want you to come to school; etc. Have the students trace their hand onto the construction paper and cut the hand out and paste it on the white paper. (Telling them to be careful not to cover the words.) Next, students will paste a red heart onto the palm of the hand. The teacher and the counselor can assist the students by writing in the blanks what the children say. __________ came to school on the first day and felt __________. Let each student know that they are important to the class. If you know sign language, teach them how to say, “I love you.”

**EVALUATION:**
**Pretest/Postest:**

**How did the student change as a result of this lesson?** Students will demonstrate that they are an important member of the class.

**Information/Comments/Follow-up:** Do a check in with students in the next class by having them do a thumbs up, thumbs down, thumbs in the middle. Find out what is happening to cause thumbs down and thumbs in the middle.