Counselor Name: Karen Ward  
Title of Lesson: Simon’s Hook  
Audience: Classroom, Small Group  
Level: Primary (K-2), Intermediate (3-5)  
Target Grade: 3rd

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. □
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. □
3. Students will understand the relationship of academics to the world of work and to life at home and in the community. □

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. □
5. Students will employ strategies to achieve future career goals with success and satisfaction. □
6. Students will understand the relationships between personal qualities, education, training and the world of work. □

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. □
8. Students will make decisions, set goals, and take necessary action to achieve goals. □
9. Students will understand safety and survival skills. □

COUNSELING COMPETENCY(IES)
Identify and select appropriate behaviors to deal with specific emotional situations.

ARIZONA STANDARDS FOR:
Reading: P.O. Sequence a series of events in a literary selection.
Writing:
Math:

MATERIALS/RESOURCES:
The book Simon’s Hook by Karen Burnett.
Poster of the "Instead of Biting Ideas" from the book: Do Little or Nothing, agree, distract, laugh, stay away. Leave room on the poster for student ideas.
Fish patterns for the younger students and cartoon frames for the older students. On the fish patterns write some of the hook statements and solution statements from the book and in your own creative way let the students go fishing. Have a class discussion about the statements. Is it a hook? What solution would work?
**ACTIVITY:**
Have students write on a piece of paper three ways to deal with teasing and put-downs in an appropriate way. Now, introduce the book *Simon’s Hook*. Simon is the main character in the book. Something very bad happens to Simon’s hair, and when he gets to school he is teased. Simon’s grandmother helps him by telling him a fishing story. The older students can participate in the reading. Ask for volunteers to read the cartoon bubbles. For younger students retell the story with the pictures. There are a lot of words for the younger students but the ideas for dealing with teasing and put-downs will work for all ages. When the story is finished, ask students: what is the meaning of the fish and hook? Show students the poster you prepared before class. Have a student discussion about the five ideas in the book. Are there any that may not work? Make a new chart with ideas the students would be willing to try. Five is an easy amount to remember. Have the students make a cartoon retelling the story using their own words and pictures.

**EVALUATION:**
Pretest/Postest: Write three ways to deal with teasing and put-downs in an appropriate way.

How did the student change as a result of this lesson? The student will demonstrate the skills for dealing with bullying situations.

Information/Comments/Follow-up:

REvised 11/05/03