TUCSON UNIFIED SCHOOL DISTRICT COMPREHENSIVE COMPETENCY BASED GUIDANCE
Lesson Plan

Counselor Name: Karen Ward
Title of Lesson: When I Have a Family of My Own
School: Tucson Unified School District Counseling Dept.
Quarter: During Family Unit

Audience: ☒ Classroom ☒ Small Group
Level: ☐ Primary (K-2) ☒ Intermediate (3-5)
Target Grade: 5th

COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. ☐
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college. ☐
3. Students will understand the relationship of academics to the world of work and to life at home and in the community. ☐

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ☐
5. Students will employ strategies to achieve future career goals with success and satisfaction. ☐
6. Students will understand the relationships between personal qualities, education, training and the world of work. ☐

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. ☐
8. Students will make decisions, set goals, and take necessary action to achieve goals. ☒
9. Students will understand safety and survival skills. ☐

COUNSELING COMPETENCY(IES)

ARIZONA STANDARDS FOR:
Reading:
Writing:
Math:

MATERIALS/RESOURCES:
When I Have A Family Of My Own worksheet.

ACTIVITY:
I would use this as the last lesson about families. Do a general review of the family unit lessons. Let students share what they have learned. Tell students they are going to dream/plan their own family of the future. Discuss the things they like/appreciate and the things they dislike about the family they have now. Tell students they are going to set some goals for their future family. Pass out the worksheet. Give students time to
complete the worksheet. Optional: Make the graphic organizer and let students answer questions. (For example, how many children will I have, where will I live, who will I marry, how much money will I make, etc.)

**EVALUATION:**

Pretest/Postest:

*How did the student change as a result of this lesson?* Students will make decisions and set goals.

Information/Comments/Follow-up:

REVISED 11/05/03
WHEN I HAVE A FAMILY OF MY OWN

I WILL __________________________________________________________

I WILL __________________________________________________________

I WILL __________________________________________________________

I WILL __________________________________________________________

NAME ___________________________________________________________