COUNSELING STANDARDS

ACADEMIC
1. Students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span.
2. Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.
3. Students will understand the relationship of academics to the world of work and to life at home and in the community.

CAREER
4. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
5. Students will employ strategies to achieve future career goals with success and satisfaction.
6. Students will understand the relationships between personal qualities, education, training and the world of work.

PERSONAL/SOCIAL
7. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.
8. Students will make decisions, set goals, and take necessary action to achieve goals.
9. Students will understand safety and survival skills.

COUNSELING COMPETENCY(IES)
Demonstrate ways to make and keep friends.

ARIZONA STANDARDS FOR:
Reading P.O. Predict what might happen next in a reading selection.
Writing:
Math:

MATERIALS/RESOURCES:

ACTIVITY:
Tell the students you are going to read a story called *Wemberly Worried*. Show them the front of the book. Ask students what are some other feeling words that go along with Wemberly’s expression. (Sad, scared, worried) Have students predict what kinds of things Wemberly might be worried about. After a short discussion, tell the students that everyone’s answer is correct because Wemberly worries about EVERYTHING. Start reading the book. Stop for discussion after you read. Soon, Wemberly had a new worry: school. Have students predict what Wemberly
might worry about because of the start of school. Ask the students if they have worries about school starting. Finish reading the story. Next, ask students to tell what happened to Wemberly that made her change her feelings about going to school. (She made a friend.) How did Wemberly and Jewel become friends? (They played together.) It is important for students to be aware that even though Wemberly was worried, she made the first step towards being friendly. Have students brainstorm how to start making a friendship. (Smiling, playing, helping, etc.)

**EVALUATION:**
**Pretest/Postest:**

How did the student change as a result of this lesson? Students will demonstrate some strategies to make and keep friends.

**Information/Comments/Follow-up:**

REVISED 11/05/03