Dear Manzo Families,

We have some fun things coming up in February! We have the Scholastic Book Fair; Kindergarten Round-Up; Parent-Teacher Conferences; Love of Reading Month; Rodeo weekend and let’s not forget our wonderful Manzo Fiesta! Please note all dates in the calendar of this newsletter and call our office if you would like information on any upcoming events. Our main focus this month is READING! Please make sure you read with your child each and every night! It truly is the single most important thing you can do to ensure your child’s academic success.

REGISTRATION
It is very crucial that you register your student as soon as possible. Manzo is a very popular school and many students are interested in attending here. We have limited space at Manzo and if your student is not registered this spring, we cannot guarantee their space or placement at our school. We fill up very quickly due to Open Enrollment. Please come see Sylvia Mange to get you registration packet or to get your parent pin to register online. We are also here to assist you with online registration. Please come in as soon as possible to hold your child’s place at Manzo.

KINDER OPEN HOUSE/ROUND-UP
Kinder Welcome is scheduled for February 4th at 8:30 and 12:00 and on February 5th at 8:30 and 5:00 p.m. We will share information and answer questions with for parents and introduce you to our kindergarten teachers in our school library, then offer school tours. If you know of any family with a child who will be five years old before August 31, 2020, and will be attending or wanting open enrollment at Manzo Elementary, please ask them to contact our school (520-225-1900) for important information.

Parent-Teacher Conferences:
Parent-Teacher conferences are just around the corner so please remember to mark your calendars. Students will be dismissed at 11:40 am on February 13th and 14th.

PRESIDENT’S DAY REMINDER
Parents/Guardians please be advised that on President’s Day, Monday, February 17, 2020, school will be in session.

ABSENCES and TARDIES
Regular and punctual attendance is essential for optimum learning, growth and development of students. Missing 10 minutes a day due to tardiness results in almost an hour of lost instruction a week. Although life events can interfere with the responsibility that parents and guardians have of making sure students arrive on time, excessive tardiness signals a need to evaluate morning procedures to eliminate tardiness. Interruptions due to tardiness take away from learning time and are disruptive to the entire class. School begins promptly at 8:25 am. Please make every effort to have your child arrive on time. Playground supervision begins at 8:00am. Please make sure students do not arrive before that time. Thank you and if we can be of any assistance please don’t hesitate to call.

Steven La Turco
Principal
Manzo Elementary
Love of Reading Month
All of February we will be celebrating the Love of Reading here at Manzo! We will be having guest readers from the University of Arizona’s Police Department, the University of Arizona’s Volleyball Team, the El Rio Library, the University High School, and more! We will have a Love of Reading read-in on Valentine’s Day. We will extend the fun into March with a Love of Reading Pastries with Parents event at 7:30 a.m. on March 6th in honor of Dr. Seuss’ birthday. Plan on coming to celebrate Dr. Seuss’s birthday, get books, read together, and enjoy some pastries. Please dress up as your favorite Dr. Seuss’ character!

How to Raise a Reader
1. Start a reading habit early.
2. Read every day.
3. Keep books all around your home.
4. Visit the library or book store on a regular basis.
5. Allow your children to choose the books.
6. Be a reading role model.

Here at Manzo we view reading with children as a shared responsibility between the school and home. Reading with your child costs nothing but your time and is the single most important thing you can do to help them be successful in school and set them up for college and/or careers!

Health Corner
Cold and flu season! Please remind your children to wash their hands often and cough/sneeze on a tissue or sleeve. Your child should stay home for 24 hours if he has a fever. If your child misses more than one day of school please bring a doctor’s note upon return to school. Eating nutritious foods and getting plenty of sleep help your child stay healthy!

TIPS FOR FAMILIES EATING RIGHT
(from the USDA)
- Make half your grains whole. Choose whole-grain foods, such as whole-wheat bread, oatmeal, brown rice, and low fat popcorn, more often.
- Vary your veggies. Go dark green and orange with your vegetables—eat spinach, broccoli, carrots, and sweet potatoes.
- Focus on fruits. Eat them at meals, and at snack time, too. Choose fresh, frozen, canned, or dried, and go easy on the fruit.
- Get your calcium-rich foods. To build strong bones serve low fat and fat-free milk and other milk products several times a day.
- Go lean with protein. Eat lean or low fat meat, chicken, turkey, and fish. Also, change your tune with more dry beans and peas. Add chick peas, nuts, or seeds to a salad; pinto beans to a burrito; or kidney beans to a soup.
- Change your oil. We all need oil. Get yours from fish, nuts, and liquid oils such as corn, soybean, canola, and olive oil.
- Don’t sugarcoat it. Choose foods and beverages that do not have sugar and caloric sweeteners as one of the first ingredients. Added sugars contribute calories with few, if any, nutrients.

Fiesta Manzo
Our annual Fiest Manzo will be held on Friday, February 28th from 5:00-8:00 p.m. Fiesta Manzo is a great time to enjoy our Manzo Familia and have fun together! We will have game booths, food booths, music, and Folklorico performances. Parents! We still need volunteers to help with food and activities. Please leave Mirna a message at the office (540-225-1900).