Breakfast & Lunch Menu: ELEMENTARY - K8 SCHOOL

October 2022

Oct. 3		Wednesday	Thursday	Friday	Entrees includes white milk & fruit.
	Oct. 4	Oct. 5	Oct. 6	Oct. 7	 Cereal is offered daily. Lunch:
Mini French Toast Pizza Bagel With turkey pepperoni & cheese or just cheese Cheese Pocket with Marinara Dip	Mango Smoothie, Blueberry Lemon Crackers Roasted Chicken Wings, Macaroni & Cheese Cheeseburger or Hamburger	Bagel & Cream Cheese or Jelly Cheese Quesadilla, Taco Sauce Chicken Patty Sandwich	Yogurt Parfait Pizza Note: Fresh Delivered Domino's Pizza will be featured at Arroyo Chico Region Schools* 10-6 Bean & Cheese Burrito, Taco Sauce	Grading Day, No School	 Entrees includes fruit, veggies, and milk. Additional daily options: Wow-butter & Jelly Sandwich, Grilled Cheese Sandwich. FRESH SIDE SALAD OFFERED DAILY! Milk Only: 50¢ Free Meals at Community Eligibility Provision
Oct. 10	Oct. 11	Oct. 12	Oct. 13	Oct. 14	(CEP) Schools.
Fall Break Fa	Fall Break	Fall Break	Fall Break	Fall Break	Check if your school is CEP eligible on the CEP & Non-CEP list.
Oct. 17	Oct. 18	Oct. 19	Oct. 20	Oct. 21	Variable Services (Non-CEP Schools) K-12 Reduced Price Breakfast \$0.25, Reduced
French Toast Sticks, Syrup Breaded Mozzarella Sticks with Marinara Dip Cheeseburger Sliders	Mango Smoothie, Blueberry Lemon Crackers Sweet & Sour Meatballs, Fried Rice Bean & Cheese Burrito, Taco Sauce	Bagel & Cream Cheese or Jelly Chicken & Cheese Empanada, Taco Sauce Fish Nuggets, Garlic Breadstick	Breakfast Burrito with Egg, Cheese, & Beef Chorizo, Taco Sauce National Chicken & Waffles Day! Baked Chicken, Maple Waffle Corn Dog	Yogurt Parfait French Bread Pizza Note: Fresh Delivered Domino's Pizza will be featured at Santa Cruz & Pantano Region Schools* 10-21 Cheese Quesadilla, Taco Sauce	Price Lunch \$0.40 K5 Breakfast \$1.50, Lunch \$2.50 6-12 Breakfast \$1.75, Lunch \$3.00 *Check the TUSD Website to Find out which Region Your School is a Member of for Domino's Pizza!
Oct. 24	Oct. 25	Oct. 26	Oct. 27	Oct. 28	Domino's Pizza Meets National School Lunch
ce Fe	Peach Smoothie, Blueberry Lemon Crackers Crispy Chicken Tenders Corn Dog Vanilla Farmer's Market Crackers to celebrate Farm to School Month Featuring harvest foods from all 50 States!	Pancakes, Syrup, Scrambled Eggs Breaded Mozzarella Sticks with Marinara Dip Chicken Patty Sandwich	Bacon* Egg & Cheese Breakfast Pocket (*pork) Roasted Chicken Wings, Macaroni & Cheese New! Cheese Stuffed Breadsticks with Marinara Dip	Orange Blossom Scone Pizza Note: Fresh Delivered Domino's Pizza will be featured at Silverbell & Arcadia Region Schools* 10-28 Cheeseburger or Hamburger	Program Requirements! Choose My Plate gov
Oct. 31	Nov. 1	Nov. 2	Nov. 3	Nov. 4	MENU IS SUBJECT TO CHANGE. PLEASE VISIT
Strawberry Banana Smoothie, Blueberry Lemon Crackers ~~ New! Mango Chicken ~~ Popcorn chicken glazed sweet - savory Mango Sauce Pumpkin Shape Sugar Cookie Cheese Pocket, Marinara Dip	Pancakes & Syrup, Chicken Sausage Patty Beef Spaghetti Sauce on Pasta Bean & Cheese Burrito, Taco Sauce	Ultimate Breakfast Round Chili Cheese Dog *Made with chicken Grilled Chicken Sandwich, BBQ Sauce	Yogurt Parfait Tangerine Chicken, Fried Rice Green Chili & Cheese Tamale, Taco Sauce	Breakfast Burrito with Egg, Cheese, & Beef Chorizo; Taco Sauce Pizza Note: Fresh Delivered Domino's Pizza will be featured at Arroyo Chico Region Schools 11-4 Cheeseburger or Hamburger	OUR TUSD FOOD SERVICES DEPARTMENT WEBSITE.





