Breakfast & Lunch Menu: Middle School

November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 31	Nov. 1	Nov. 2	Nov. 3	Nov. 4
Chorizo Breakfast Bagel New! Mango Habañero Chicken Sweet 'n Spicy Mango Habeñero Pepper Glazed Popcorn chicken Cheese Pocket, Marinara Dip Bean & Cheese Burrito, Taco Sauce Popcorn Chicken, Garlic Knot Roll ~~Pumpkin Shape Sugar Cookie~~	Pancakes & Syrup Chicken Sausage Patty Beef Spaghetti Sauce on Pasta Chili Cheese Dog (made w/ chicken) Bean & Cheese Burrito Taco Sauce Breaded Chicken Tenders, Garlic Roll	Ultimate Breakfast Round Domino's Pizza Day Daily Items + Bean & Cheese Burrito, Taco Sauce Popcorn Chicken, Garlic Knot Roll	Professional Learning Day No School	Breakfast Burrito; Taco Sauce Italian Cheesy Bread Cheeseburger or Hamburger Pollo Verde Burrito, Taco Sauce Popcorn Chicken, Garlic Knot Roll
Nov. 7	Nov. 8	Nov. 9	Nov. 10	Nov. 11
Belgian Waffle Cheeseburger or hamburger Beef Soft Tacos Bean & Cheese Burrito Popcorn Chicken, Garlic Knot Roll	Chorizo Breakfast Bagel Sweet & Sour Meatballs* Fried Rice *(or Teriyaki Meatballs) Breaded Ravioli, Marinara Dip Bean & Cheese Burrito, Taco Sauce Breaded Chicken Tenders, Garlic Roll	Pancake Sandwich Domino's Pizza Day Daily items + Bean & Cheese Burrito, Taco Sauce Popcorn Chicken, Garlic Knot Roll	French Toast Sticks, Syrup Chicken Sausage Patty Spicy Chicken Sandwich Soft Pretzel Bites With Cheese Sauce Dip Bean & Cheese Burrito, Taco Sauce Breaded Chicken Tenders, Garlic Roll	Veterans Day
Nov. 14	Nov. 15	Nov. 16	Nov. 17	Nov. 18
French Toast Sticks, Syrup Pizza Calzone Oven Roasted Chicken Wings Offered with Cheesy Cornbread Bean & Cheese Burrito, Taco Sauce Popcorn Chicken, Garlic Knot Roll	Breakfast Burrito, Taco Sauce Chicken Alfredo on Pasta Corn Dog Bean & Cheese Burrito, Taco Sauce Breaded Chicken Tenders, Garlic Roll	Pancake Sandwich Domino's Pizza Day Daily Items + Bean & Cheese Burrito, Taco Sauce Popcorn Chicken, Garlic Knot Roll	Pancakes & Syrup Scrambled Eggs Chili Cheese Fries Offered w/ Cheesy Cornbread Muffin Chicken & Cheese Empanada Bean & Cheese Burrito, Taco Sauce Breaded Chicken Tenders, Garlic Roll	Bacon, Egg, & Cheese Pocket Buffalo Glazed Chicken Drumstick Offered w/ Cheesy Cornbread Muffin Mini Beef Hot Dogs Beef Chili Colorado Burrito Popcorn Chicken Garlic knot Roll
Nov. 21	Nov. 22	Nov. 23	Nov. 24	Nov. 25
Pancake Sandwich Breaded Mozzarella Sticks, Marinara Dip Cheeseburger or Hamburger Chicken Tenders & Garlic Knot Roll Bean & Cheese Burrito, Salsa* *(salsa pending availability)	Belgian Waffle Breakfast Chicken Sausage Baked Chicken Green Chili-Cheese Tamale, Salsa* Popcorn Chicken, Garlic Knot Roll Bean & Cheese Burrito, Salsa* *(pending availability) Pumpkin Shape Sugar Cookie	Pancakes, Syrup Scrambled Eggs Domino's Pizza Day Daily Items + Corn Dog	Happy Thanksgiving!	Thanksgiving Break!
Nov. 28	Nov. 29	Nov. 30	Dec. 1	Dec. 2
Belgian Waffle Breakfast Chicken Sausage Cherry Blossom Chicken, Fried Rice Pollo Verde Burrito, Taco Sauce Spicy Chicken Patty Sandwich Bean & Cheese Burrito, Salsa	Pancakes & Syrup Scrambled Eggs Lasagna, Garlic Breadstick Chicken Patty Sandwich Chicken Tenders, Queso Blanco Mac'n Cheese Bean & Cheese Burrito, Salsa	Breakfast Burrito, Taco Sauce Domino's Pizza Day Daily Items + Popcorn Chicken & Garlic Knot Roll Bean & Cheese Burrito, Salsa	Waffle Flatbread Breakfast Sandwich Meatballs in Marinara Sauce, Pasta Cheeseburger or Hamburger Homestyle Chicken Bowl Bean & Cheese Burrito, Salsa*	Yogurt Parfait Tangerine Chicken, Fried Rice Green-Chili Cheese Tamale, Salsa Chicken Wings Offered w/ Cheesy Cornbread Muffin Bean & Cheese Burrito, Salsa

Breakfast:

Entrees includes white milk & fruit.

Breakfast Items Offered Daily:

- Cereal Smoothies & Crackers
- Assorted Baked Goods, String Cheese
- Bagel & Assorted Spreads
- Starting Nov. 14 (<u>Pending Availability</u>)
 Yogurt Parfait

Lunch:

Entrees includes fruit, veggies, & milk Lunch Items Offered Daily:

- Pizza (with Domino's * on Wednesdays)
- Entrée Salads (Crispy Chicken & Veggie)
- · Hummus Protein Pack with Veggies
- Wow-butter & Jelly Sandwich
- Grilled Cheese
- Fresh Side Salad, Garden Fresh Veggies, Assorted Fresh Fruits Every Day

Milk Only: 50¢

Free Meals at Community Eligibility Provision (CEP) Schools.

Check if your school is CEP eligible on the $\underline{\mathsf{CEP}\ \&}$ Non-CEP list.

2022-23 Meal Prices (Non-CEP Schools)

- K-12 Reduced Price Breakfast \$0.25,
 Reduced Price Lunch \$0.40
- K5 Breakfast \$1.50, Lunch \$2.50
- 6-12 Breakfast \$1.75, Lunch \$3.00

Fresh Delivered Domino's Pizza Wednesdays 11-2, 11-9, 11-16, 11-23, 11-30

* Domino's Pizza Meets National School Lunch Program Requirements!



MENU IS SUBJECT TO CHANGE.
PLEASE VISIT OUR TUSD FOOD SERVICES
DEPARTMENT WEBSITE.

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